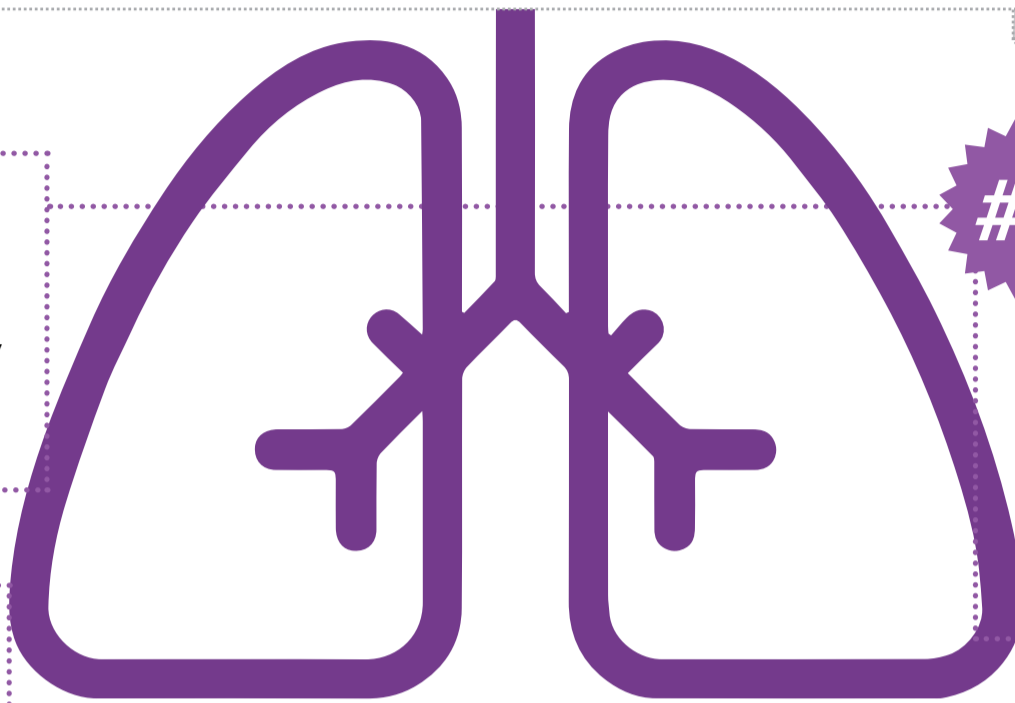


TB **10** THINGS YOU NEED TO KNOW

Tuberculosis (TB) is an infectious bacterial disease which spreads through the air. Although it is **curable** and **treatment is free**, it is a major health problem for South African communities and we all need to play our part in stopping it.



#1

#1 KILLER

Leading cause of death in South Africa & globally
1.8 million a year

#2

Spreads through the air.

One sick person can infect **10-15** others if **untreated**



#5

Drug-resistance

is caused when people don't take the medicine properly.



MDR- & XDR- TB

GET TESTED if you **COUGH** for over 2 weeks, **LOSE WEIGHT**, have a **FEVER** and/or night sweats or have had close **CONTACT** with someone with TB

#3

TB IS CURABLE and treatment is **FREE**

#6

MOST AT-RISK

Children under 5
Healthcare workers
Prisoners
Mine workers & their families

#4

66% of TB patients are also **HIV+**



KNOW YOUR STATUS GET A TB TEST RIGHT AWAY IF YOU ARE HIV+

#8

STIGMA

Stops people from being tested & treated



#7

1 in 5 diagnosed are not on treatment

TESTING → TREATMENT GAP



SILICOSIS is a serious lung disease caused by overexposure to mine dust. It has similar symptoms to TB.

#10

TB affects us all

Play YOUR part:

- Encourage **testing**
- Support **treatment**
- Raise **awareness**



#9

YOU CAN BEAT IT

- Don't smoke, drink alcohol or take drugs.
- Finish all your medicine
- Cover your cough
- Open windows