



2020-03-19

Dear Colleague

Re: Admissions in M-Care Optima

The following arrangements to accommodate as many as possible:

1. Please **screen** your patients beforehand for any flu-like symptoms.
2. Due to the national disaster regarding COVID-19, we **will not run a program for day patients**.
3. During the admission period, it will be expected from the treating doctor to **treat any flu-like symptoms** according to the infection control **protocol** of the hospital.
4. Admit only if it is **really necessary** – if it is cold cases, consider to reschedule at a later date.
5. If it is an admission to complete the 2week program, make sure that the patient is admitted for the **correct group program** (week 1 or 2).
6. If it is a **re-admission**, please ensure that the patient will benefit from the program.
7. The **school holidays are extended**, which means that we can accommodate the teenagers at a later date from 22March 2020 until 10 April 2020.
8. Please **prioritise** your patients for admission. Also indicate if it is **urgent or more a routine** admission – this will help us to organise the admissions for the 14 different doctors who want to admit patients.
9. **ONLY parents** will be allowed to **visit** during visiting hours in the teenage unit. **No visitors are allowed in the adult unit**. Admission times will be scheduled. Please adhere to these times to prevent overcrowding at the admission / reception area.

Bookings must be confirmed on Friday 20 March 2020.

Kind regards

Dr S.J Meyer
CEO